

Mind Wide Open Your Brain And The Neuroscience Of Everyday Life Steven Johnson

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Mind Wide Open Your Brain

Fascinating and rewarding, Mind Wide Open speaks to brain buffs, self-obsessed neurotics, barstool psychologists, mystified parents, grumpy spouses, exasperated managers, and anyone who enjoys speculating and gossiping about the motivations and behaviors of other human beings. Steven Johnson shows us the transformative power of understanding brain science and offers new modes of introspection and tools for better parenting, better relationships, and better living.

Mind Wide Open: Your Brain and the Neuroscience of ...

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Mind Wide Open: Your Brain and the Neuroscience of ...

In Mind Wide Open, Johnson embarks on this path as his own test subject, participating in a battery of attention tests, learning to control video games by altering his brain waves, scanning his own...

Mind Wide Open: Your Brain and the Neuroscience of ...

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Mind Wide Open: Your Brain and the Neuroscience of ...

Mind Wide Open : Your Brain and the Neuroscience of Everyday Life by Steven Johnson (2005, Trade Paperback) The lowest-priced brand-new, unused, unopened, undamaged item in its original packaging (where packaging is applicable).

Mind Wide Open : Your Brain and the Neuroscience of ...

Mind Wide Open is particularly strong in its discussion of memory and emotions (fear, love) and on the role of the body's own drugs, which cocaine and the like mimic. As part of his summing up, Johnson has a wonderful discussion of how Freud can be updated to provide a modern theory of psychology.

Mind Wide Open: Your Brain and the... book by Steven Johnson

Main Mind Wide Open: Your Brain and the Neuroscience of Everyday Life. Mind Wide Open: Your Brain and the Neuroscience of Everyday Life Steven Johnson. Year: 2004. Publisher: Scribner. Language: english. ISBN 10: 0743258797. File: EPUB, 634 KB. Send-to-Kindle or Email . Please login to your account first;

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Mind Wide Open | Book by Steven Johnson | Official ...

Steven Johnson. Mind Wide Open: Your Brain and the Neuroscience of Everyday Life. New York: Scribner, 2004. Steven Johnson believes that learning about the brain's mechanics can widen one's self-awareness as powerfully as any therapy or meditation or drug.

Mind Wide Open: Your Brain and the Neuroscience of ...

Mind Wide Open Your Brain and the Neuroscience of Everyday Life Mind Wide Open Your Brain and the Neuroscience of Everyday Life. Author. Steven Johnson. Publisher. Scribner. ISBN. 0-7432-4165-7. Published Date. 2004. A Book Review by: Paul Harris, OD. Johnson's writing style is very engaging.

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Mind Wide Open: Your Brain and the Neuroscience of ...

" Mind Wide Open is a lucid and engaging travelogue from the frontiers of human brain science." -- Steven Pinker, author of The Blank Slate and How the Mind Works "Celebrates the brain's complexity and wonder even as it demonstrates that you can get to know your mind better than you ever thought."

Mind Wide Open: Your Brain and the Neuroscience of ...

Knowing something about the brain's mechanics—and particularly your brain's mechanics—widens your own self-awareness as powerfully as any therapy or meditation or drug. Brain science has become an avenue for introspection, a way of bridging the physiological reality of your brain with the mental life you already inhabit.

Mind Wide Open: Your Brain and the Neuroscience of ...

BRILLIANTLY EXPLORING TODAY'S CUTTING-EDGE BRAIN RESEARCH, MIND WIDE OPEN IS AN UNPRECEDENTED JOURNEY INTO THE ESSENCE OF HUMAN PERSONALITY, ALLOWING READERS TO UNDERSTAND THEMSELVES AND THE PEOPLE IN THEIR LIVES AS NEVER BEFORE. Using a mix of experiential reportage, personal storytelling, and fresh scientific discovery, Steven Johnson describes how the brain works -- its chemicals, structures, and subroutines -- and how these systems connect to the day-to-day realities of individual lives.

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